

Press Release of The Management of Crises/ Alta kommunes kriseledelse.

Status in Alta January 6th, 2021.

- Chief physicians announce that per January 6th, have no one infected in Alta.
- This week 150 persons have been tested.
- Five persons are in quarantine today, but from tomorrow, all five are no longer in quarantine.

Infection Prevention Measures and Recommendations

Alta Municipality has per today no one infected. We must be focused and following the local infection measures and national recommendations.

The consequence is,

- All arrangements like sport, sports halls, etc. are closed for two weeks. Cultural schools are closed. Swimming pools are open.
- The municipality of Alta is following national recommendations of home office where possible. Affected employees decide in cooperation with nearest manager.
- Upper and lower secondary schools will switch to a red level of alert. For further questions contact school.
- Do not make private visits and avoid guests the next two weeks.
- Avoid all non-essential travel.

To get an effect of the measures introduced, we all have to follow them. This is the only way to avoid a new wave of infection.

Vaccination is taking place right now.

Yesterday we got 60 doses of corona vaccine and three teams are working with the vaccination and following the vaccination program.

In Face 1 the residents in nursing homes is given the corona vaccine. Today the residents in Kaafjord (Kåfjord), Elvebakken and Mikkeli Residential Care Home are vaccinated. Then a startup in Ekornsvingen. We have been informed that we will get another 35 doses next week. Then a continuing of vaccination we take place in Ekornsvingen, and in the rest of nursing homes.

The Management of Crises in Alta encourage everyone to take the vaccine. The primary goal is that most people is going to take the vaccine against Covid-19. To prevent people to be infected and get sick, you can not base your health that others are vaccinated. You must take the vaccine! Vaccination against Covid-19 is established as a national vaccine program, which everybody from age 18 can choose to be part of. This to avoid a new outbreak of infection, with the consequences this can lead to. Even if medicine authorities in Europe and Norway work fast to development and approval of corona vaccine, they have strict claims to obtain quality, effect and security. A vaccine can only be approved when usefulness is regarded far higher than the risk.

In Alta Municipality we follow the national advice who to prioritize vaccine groups:

- Face 1; Residents in nursing homes
- Face 2; Elderly and ill who get home nursing
- Face 3; The eldest, down to 65 and those between 18-65 having a particularly high risk
- Face 4; All others

Healthcare personnel are also included in Face 1 & 2. None of the elderly and people in risk groups must order day and time to get the vaccine. Alta Municipality will in January start contacting residents, listed above by phone, to give them day and time. We ask you to answer the phone, even if it is an unknown number. Maybe it is our staff calling you.

Wash your Hands, Keep one meters Distance. Stay Home if you Catch a Cold or get Sick.

Until we have done vaccination of enough people, we have to endure strict measures and limitations. Therefore it is important that you get tested! If you suspect that you are infected or have respiratory symptoms, get tested. Don't hesitate, order day and time for testing anyway! Call the corona phone number 913 90 344 for booking a time for testing. Monday to Friday the phone is open 0800 - 1500. Stay home until you have the result of your test.

Many get mild symptoms, the best measure then is to stay home. For further information <https://www.alta.kommune.no/>

Norway has a Quarantine for Travelers Arriving from red or yellow Countries/Districts.

Read more <https://www.fhi.no/nettpub/coronavirus/fakta/reiserad-knyttet-til-nytt-koronavirus-coronavirus/>

Even if we, per January 4th, have few infection cases in Alta, we have to follow the strict infection measures. Keep one meters distance, have good hand and cough hygiene. Stay home if you catch a cold or get sick.

Our Covid-19 email

The Covid-19 email, covid19@alta.kommune.no, is available for general questions. Questions like «a need of being tested», or the ordering of time for a test, will not be answered through the Covid-19 email. For ordering time for testing call the Corona phone.

Call 113 for Accident or illness

Call 113 Emergency if you or some family member are seriously ill.

National Authorities Information Updates

We encourage residents of Alta to follow these internet pages:

Norwegian Institute of Public Health(FHI) - <https://www.fhi.no/>

Public Health Service - <https://helsenorge.no/>

Norw. Directorate of Health - <https://www.helsedirektoratet.no/tema/beredskap-og-krisehandtering/koronavirus/anbefalinger-og-beslutninger>

Directorate of Education - <https://www.udir.no/>

For Youth - www.ung.no

National Urgency Phone - www.116111.no

On Corona - https://www.regjeringen.no/no/tema/koronavirus/veiledere-om-koronasituasjonen/id2697760/?mc_cid=355e06cd8c&mc_eid=ac40ccdbf

Next press release will be published 13.01.21. We continually consider how often the press release will be published.