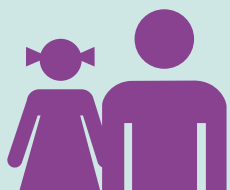


YOUNG CHILDREN & SCREEN TIME

– a good start

Read more: medietilsynet.no/engodstart



Experience media with the child on the internet, television and phone



Create clear family rules for media and technology use



Learn more about services, content, technology and age limits



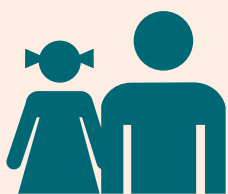
Teach your child good internet use early on – you are the most important role model!



YOUNG CHILDREN & SCREEN TIME

– did you know that ...

Read more: medietilsynet.no/engodstart



... you can give your child the best start to digital life by sharing the experiences



... there are many options for adapting the technology to your child's use?



... you are responsible for the rules you set for the children's media and technology use?



... you are your child's most important role model – including on the internet, television and phone?

